



Realise the unrealised



Professional Career & Leadership Coach

I'm hugely passionate about helping others to work through self-limiting beliefs, to recognise their strengths and be the best version of themselves for a better quality of life at work and at home.

I have 20 years of Human Resources, Talent Management and Learning & Development experience.

I also have extensive experience of working at a Senior level, supporting & developing Senior Leadership Teams across various industries.

- Coaching options include in-person & online
- Coaching programmes can be tailored and delivered in-house or *off site (*additional cost)
- Coaching programmes also include coaching practice for immediate application

Core Coaching Services



Career Coaching

- 6 x 1-2-1 personal sessions
- Strengths Profile
- *Optional addition - DISC Profile*



Leadership Coaching

- 6 x 1-2-1 personal sessions
- Strengths Profile
- Emotional Intelligence Profile
- *Optional addition- EI 360*



Executive Coaching

- 6 x 1-2-1 personal sessions
- DISC Profile
- *Optional addition - Strengths Profile*



Manager as Coach

- 2 consecutive days workshop
- Interactive + coaching practice
- DISC Profile
- 12-16 participants



Women in Leadership

- 4 day programme over 12 months
- DISC Profile
- Strengths Profile
- Emotional Intelligence Profile
- 9-12 participants

Why Choose Me?

- ✔ Professionally qualified Coach
- ✔ Master Practitioner NLP
- ✔ Member of the Association for Coaching
- ✔ Member of Henley Coaching
- ✔ RocheMartin EI Practitioner
- ✔ Strengths Profile Practitioner
- ✔ CIPD Fellow

Interested to work with me?

Gemma Hogan

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My coaching style is personable, appropriately challenging, insightful, supportive and fun.

I use a strengths-based approach, often focused on mindset, positive psychology and developing resilience. I also like to bring creativity into my practice, when appropriate.



- Professional
- Ethical
- Creative
- Fun
- Personal growth

“Gemma is supportive, encouraging and an excellent listener. She is very knowledgeable about organisational, management and leadership theory and I benefited from our discussions relating to these.”