



Women in Leadership Programme



Overview

£2,995 per participant

- 4 day programme
- 4 x 1-2-1 coaching sessions
- 3 self-awareness profiles
- Delivered in-house or *externally
- 12-16 participants

4 Pillars

Agenda

Programme content is based around 4 pillars:

- Self-awareness
- Self-acceptance
- Self-management
- Self-development

Tools

Development Tools

- Personality profile
- Strengths Leadership profile
- Emotional intelligence profile (*optional 360*)
- Co-coaching
- Action learning sets

Learning Outcomes



- Greater self-awareness (individual / leader)
- Increase your confidence
- Develop your voice and impact
- Practice Coaching tools & techniques in a safe & supportive environment



Delivery Methodology

- Best practice theory, tools & techniques
- Facilitation & discussion
- Peer to peer learning
- Coaching skills practice
- Interactive, insightful & supportive learning environment

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Get in touch

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